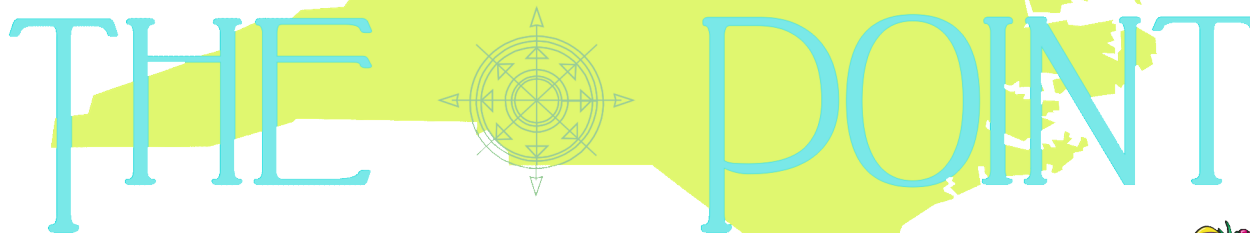


# THE POINT

**Volume XIII, No. 4****<http://cpoint-www.med.navy.mil>****April, 2007**

## CO's Corner

As spring moves into high gear and the weather continues to warm, we naturally spend more time outdoors and enjoy the beautiful North Carolina weather. Spring is also the traditional time to air out our homes and sweep out the stuffiness from winter. I hope you pay particular attention to the article on Living Area Inspections. The topic has risen to the surface because of recent media stories, but the information contained therein is applicable perpetually.

Also in this edition of The Point is information concerning the kick-off of the DoD-wide Prevent Shaken Baby Syndrome (SBS) campaign. This is a tragic outcome which pains us greatly to see here at the hospital. As a community we need to work hard to ensure that the youngest and most vulnerable of us are not the focus of our frustrations and anger.

In closing, I would like to thank all of you who participated in the Patient Safety Week festivities. It was a marvelous education opportunity which received many positive comments. Keeping patient safety on the top of our list is one way we strive to provide the best possible care. Thank you.

CAPT E. V. Valentin, MSC, USN

## Child Abuse Prevention

In conjunction with the April 2007 observance of National Child Abuse Prevention Month, DoD is launching a Department-wide Campaign to Prevent Shaken Baby Syndrome (SBS) in collaboration with the National Center on Shaken Baby Syndrome. Violent shaking of an infant or small child can result in learning disorders, mental and developmental

retardation, paralysis, blindness, or death. Approximately 25 percent die as a result of their injuries. Of those that survive, 80 percent will have lifelong disabilities that hinder their development and ability to learn. Initial hospitalization costs for each shaken infant is approximately \$60,000, first-year treatment and rehabilitation may cost \$100,000, and medical costs during preschool years can surpass \$1 million.

Military parents need information and support about how to cope with the stress of an infant, especially a baby that won't stop crying. In the 2003 Military Departments' reports of child fatalities due to, abuse, 73 percent involved children under the age of three. In about half of those fatalities, the abuse was committed by the father, stepfather, or father surrogate, typically by shaking the child to stop the child's crying.

## Living Area Inspections

Currently there is concern and a great deal of attention being given to the adequacy of barracks for our Soldiers, Marines, and Sailors. Many of the same problems that can plague barracks rooms also affect family homes as well. The Preventive Medicine and Industrial Hygiene departments at the hospital have reviewed reports concerning these areas aboard Marine Corps Air Station Cherry Point and recommend regular inspections to prevent health hazards from arising.

While inspecting, you should pay particular attention to bathroom areas. This is the most common area effected by mold and in most cases can be easily cleaned by the residents, using a bleach solution of 1 cup of bleach to one gallon of water or common household

bathroom/shower cleaner. Keeping the bathrooms free of mold can prevent a more extensive problem in the future and the spreading of mold to the rest of the living area.

#### Anthrax Immunizations Resume

The Department of the Navy has announced the resumption of the mandatory Anthrax Vaccine Immunization Program (AVIP) for military personnel, emergency-essential DoD civilians and contractors, based on defined geographic areas or roles. The policy also allows personnel previously immunized against anthrax, who are no longer deployed to higher threat areas, to receive follow-up vaccine doses and booster shots on a voluntary basis. For more information go online to <http://www.anthrax.mil>.

#### April Health Education Dates

Tobacco Cessation ..... 1, 8, 15, 22, 29  
Cholesterol/Nutrition ..... 18  
Diabetes Self-Management ..... 5, 12, 19, 26  
Weight Management Course ..... 18, 25  
Weight Management Nutrition ..... 10, 24  
Class times and locations vary; please call (252) 466-0921/6467 to sign up.

Dear Benefits Betty,

*Last month in The Point you addressed the Point of Service option under TRICARE which allows Prime enrollees the freedom to receive non-emergent health care services from any TRICARE authorized civilian provider without referral / authorization. The catch was that the enrollee pays a deductible (\$300 individual and \$600 family) and a 50% percent cost-share. Recently, I needed some orthopedic care and was referred to a network orthopedist by my PCM at Cherry Point. After seeing the specialist, he sent me to yet another physician (his office even made the appointment for me). Imagine my surprise when I opened a bill from TRICARE stating I was being charged point of service for that care. Did I do something wrong?*

*Signed, Confused by Claims*

BB: Dear Confused,

Occasionally, a Primary Care Manager or other authorized specialty provider refers a patient to a non-network provider or fails to obtain required authorization. In these cases, a claim may be processed under Point of Service, even though the patient did not intentionally choose that option. The TRICARE contractor, Health Net, may review your record to determine if appropriate authorization is on file. If you think your claim processed incorrectly, you should call customer service 1-877-TRICARE (877-874-

2273), visit the TRICARE Service Center located on the first deck of the hospital, or contact the Health Benefits Advisors at Naval Hospital Cherry point at (252) 466-0124/0396.

Signed, Benefits Betty

#### April Health Resources

Alcohol Awareness Month .....

<http://ncadi.samhsa.gov>

National Child Abuse Prevention Month .....

<http://www.aboutibs.org>

National Facial Protection Month .....

<http://www.aaoms.org>

Occupational Therapy Month .....

<http://www.aota.org>

National Youth Sports Safety Month .....

<http://www.nyssf.org>

#### April Word Search

A S E M X Q R A M X R D E D A  
M Z C N C W K N L E S M E B R  
E T A I R Z D L S C S D U G D  
X I N N T A K P C M O S G L R  
P L E H Y O O E C R E H B V I  
Q A S V A N H I E W G N O L V  
Z A V T S K T T Y X M Y U L E  
L R U I I S O G R J Y R E K R  
B S B L I A C W K O G T K N C  
I L Z T G P H D G P C A L C W  
E Q U C H I L D R E N I H F S  
Q A C Q G U W H U K Y D X N T  
O M V Y B G E H Z T W O V W Y  
F H R O L E S N U O C P Z D H  
L S N P N Z S F Y V U F O P G

ABUSE

AUTISTIC

COUNSELOR

HELP

PODIATRY

ALCOHOL

CHILDREN

DRIVER

ORTHOTICS

RESPONSIBLE

#### Hospital Vitals

Appointment Line ..... (252) 466.0921

AD Appointments ..... (252) 466.0355/56

Information Line ..... (252) 466.0266

Nurse Advice Line ..... 1 (866) 450.3230

Customer Service Line ..... (252) 466.0367

Family Care Clinic ..... M-F 0730-1630

Pediatric Clinic ..... M-F 0730-1630

Evening Clinic ..... M-F 1630-1800

Pharmacy ..... M-F 0800-1700

Pharmacy Retail Pick Ups ..... 0800-2000

Administrative Offices ..... M-F 0730-1630

Emergency Room ..... 24hrs / 7days

Laboratory Hours ..... M-F 0730-1615

Comments or Suggestions? Use the  
Interactive Customer Evaluation located  
at <http://cpoint-www.med.navy.mil>

